



distinctively personal

NEMA Menu Options

*All items include plastic ware and disposables and delivery.
Ice is included with each order*

BREAKFAST

Option 1: Deluxe Breakfast

Breakfast Pastries, Muffins, and Freshly Baked Bagels
Butter, Jam & Cream Cheese

Fresh Fruit Display

\$11.00 per person

Option 2: Health Special

Individual Yogurt Parfaits
Greek Vanilla Yogurt, Fresh Berries & Granola

Coffee Cake and Tea Breads

\$9.50 per person

Option 3: Corporate Scramble

Creamy Scrambled Eggs
With Cheddar Cheese on the side

Roasted Breakfast Potatoes

Country Bacon

Fresh Fruit Display

Scones and Butter

Per Person \$18.50

Option 4: Grab & Go

Individual Foil Wrapped Croissant Breakfast Sandwiches

- Bacon, Egg & Cheddar
- Sausage, Egg & Cheddar
- Ham, Egg & Cheddar
- Roasted Veggies, Egg & Cheddar

Fresh Fruit Display

(can also sub Biscuits or Bagels for the sandwiches but must order at least 6 of each type)

Per Person \$13.50

Option 5: Euro Breakfast

Smoked Salmon

Hard Boiled Eggs

Fresh Baked Bagels with Sliced Tomatoes, Capers & Red Onion
Whipped Cream Cheese

Per Person \$15.75

Option 6: Country Inn Breakfast

Warm French Toast Casserole
With Vanilla, Cinnamon & Pecan Praline Topping
Maple Syrup

Country Bacon

Fresh Fruit Salad

Per Person \$18.50

Option 7: Sunrise Breakfast

Baked Egg, Roasted Vegetable & Fontina Strata
OR
Baked Egg, Sausage and Cheddar Strata

Miniature Butter and Filled Croissants
Sweet Creamery Butter and Jam

Fresh Fruit Display

Per Person: \$15.50

Option 8: Southern Morning

Warm Country Ham Biscuits With Honey Dijon Butter

Creamy Cheddar Hash Brown Casserole

Fresh Fruit Salad

Per Person: \$14.50

Option 9: Santa Fe Breakfast

Warm Flour Tortillas stuffed with Diced Potatoes, Scrambled Eggs, Sausage,
And Pepper Jack Cheese
(also available in Vegetarian Roasted Vegetable)

Mindy's Fresh Pico de Gallo

Fresh Fruit Salad

Per Person \$15.50

ADDITIONS AVAILABLE TO ANY BREAKFAST

Yogurt Parfaits with Berries & Granola	\$5.25 Each
Individual Greek Yogurts	\$3.95 Each
Farm Bacon (3 Strips)	\$6.00 per person
Country Sausage (2 links)	\$6.00 per person
Hard Boiled Eggs	\$1.95 Each

LUNCHEONS**Option 1: Deluxe Picnic****Assorted Signature Sandwiches**

Turkey & Brie, Chipotle Grilled Chicken, Grilled Steak & Provolone,
Roasted Chicken Salad, Turkey Bacon Club and Vegetarian Focaccia Sandwiches

*(1 vegetarian sandwich included per 10 guests unless otherwise requested)
Mustard and Mayo Packets on the side*

Side Salads

- Mixed Green Salad with Balsamic Dressing
- Orzo Salad with Cherry Tomatoes, Zucchini & Lemon Dill Pesto Dressing
- Strawberry & Spinach Salad with Caramelized Walnuts & Honey Balsamic Vinaigrette
- Tri-Color Quinoa Salad with Tomato, Cucumber, Scallion, Kalamata Olive and Feta
- Red Skinned Potato Salad
- Grilled Vegetables
- Sesame Noodle Salad with Spring Onion, Thinly Sliced Red Pepper, Carrot & Edamame
- Pasta Primavera Salad

Assorted Fresh Baked Cookies and Brownies

Per Person with **ONE** Side Salad: \$15.75

Per person with **TWO** Side Salads: \$18.25

Add A Soup to your lunch

Vegetable Minestrone, White Chicken Chili, Crab & Corn Chowder, Gingered Butternut Squash,
Tomato Basil Bisque, Classic Chili, Chicken Noodle, Portuguese Kale with White Bean &
Chorizo

Per Person: \$5.00

Option 2: Tortilla Wraps Luncheon

Assorted Wraps

Steak Fajita Wrap, Turkey Avocado Wrap, Chicken Caesar Wrap, Anstipasto Italian Meats Wrap, and Roasted Veggie Wrap with Hummus, Artichoke, Feta

(1 vegetarian sandwich included per 10 guests unless otherwise requested)

Side Salads

- Mixed Green Salad with Balsamic Dressing
- Orzo Salad with Cherry Tomatoes, Zucchini & Lemon Dill Pesto Dressing
- Strawberry & Spinach Salad with Caramelized Walnuts & Honey Balsamic Vinaigrette
- Tri-Color Quinoa Salad with Tomato, Cucumber, Scallion, Kalamata Olive and Feta
- Red Skinned Potato Salad
- Grilled Vegetables
- Sesame Noodle Salad with Spring Onion, Thinly Sliced Red Pepper, Carrot & Edamame
- Pasta Primavera Salad

Assorted Fresh Baked Cookies and Brownies

Per Person with **ONE** Side Salad: \$15.75

Per person with **TWO** Side Salads: \$18.25

Option 3: Deli Tray

Make-Your-Own-Sandwich

Roasted Turkey, Grilled Chicken and Black Forest Ham

Tuna Salad

Sliced Swiss & Cheddar, Lettuce, Tomato, Fresh Baked Rolls and Breads

Honey Mustard and Mayonnaise

Sliced Pickles

Side Salads

- Mixed Green Salad with Balsamic Dressing
- Orzo Salad with Cherry Tomatoes, Zucchini & Lemon Dill Pesto Dressing
- Strawberry & Spinach Salad with Caramelized Walnuts & Honey Balsamic Vinaigrette
- Tri-Color Quinoa Salad with Tomato, Cucumber, Scallion, Kalamata Olive and Feta
- Red Skinned Potato Salad
- Grilled Vegetables
- Sesame Noodle Salad with Spring Onion, Thinly Sliced Red Pepper, Carrot & Edamame
- Pasta Primavera Salad

Assorted Fresh Baked Cookies and Brownies

Per Person with **ONE** Side Salad: \$18.25

Per person with **TWO** Side Salads: \$20.75

Option 4: Viva Mexico

ROOM TEMPERATURE

Fire Grilled Fajita Wraps

Grilled Chicken, Grilled Flank Steak and Vegetarian Slow Cooked Black Beans
(2 Per person, wrapped with Roasted Peppers & Onions)

Pico de Gallo and Guacamole on the side

Southwestern Romaine Salad

Red Pepper, Chick Peas, Corn, Jack Cheese, Honey Lime Dressing

Rice and Tri-Colored Bean Salad

Baked Cookies and Dessert Bars

Per Person: \$18.00

Option 5: Salad Bar

Select Two Proteins

Herb Rubbed Grilled Chicken, Lemon Pepper Salmon,

Chili Rubbed Grilled Flank Steak, Rosemary Grilled Shrimp (3 shrimp per person)

Mixed Greens with Toppings in Bowls on the side:

Halved Cherry Tomatoes, Cucumber, Snow Peas, Roasted Red Pepper, Scallions,
Crumbled Bacon, Feta Cheese, Hard Cooked Egg

Honey Balsamic Dressing and Creamy Peppercorn Ranch Dressing

Orzo and Grilled Vegetable Salad

Rolls and Butter

Cookies and Brownies

Per Person \$21.50

Add Avocado \$2.50 per guest

Option 6: Touch of Asia

Ginger Chicken with Honey, Soy & Ginger Glaze

Noodle Salad Spring Onion, Red Pepper, Carrot & Edamame

Sesame Green Beans

Mixed Green Salad Mandarin Oranges, Cucumber, Snow Peas & Citrus Vinaigrette

Cookies and Brownies

Per Person \$19.25

Option 7: Parisian Afternoon

Grilled Chicken **OR** Grilled Salmon Medallions

Nicoise Composed Salad of Mixed Greens, Red Potatoes, Green Beans,
Sweet Peppers and Kalamata Olives garnished with Hard Cooked Egg Wedges

Fresh Herb Vinaigrette on the side

Fresh Fruit Tray with Lemon Curd

Rolls and Butter

Cookies and Dessert Bars

Per Person: \$19.25

Option 8: Mediterranean Delight

Balsamic & Herb Grilled Chicken on a bed of Arugula
with Roasted Cherry Tomatoes and Parmesan

Cavatappi Pasta and Anitipasto Vegetable Salad with Basil Vinaigrette

Greek Mixed Green Salad with Chickpeas, Cucumber, Tomato, Feta, Olives
& Oregano Vinaigrette

Crusty Bread and Butter

Cookies and Dessert Bars

Per Person: \$19.45

Option 9: Fit & Fresh

Lemon Herb Grilled Chicken with Mindy's Famous Avocado Lime Coulis on the side

Tri-Color Quinoa Salad with Chopped Tomato, Cucumber, Kalamata Olive and Feta

Spinach and Strawberry Salad with Caramelized Walnuts & Honey Balsamic Dressing

Bread and Butter

Cookies and Dessert Bars

Per Person \$18.75

Option 10: Provençal Chicken

HOT

Chicken Piccata Sauteed in a Lemon Caper Parsley Sauce

Warm Orzo Pilaf with Fresh Herbs

Broccoli Salad with Slivered Almonds and Raisins

Mixed Greens and Baby Spinach with Tomatoes, Cucumbers and Balsamic Vinaigrette

Grainy Bread with Butter

Cookies and Dessert Bars

Per Person \$20.50

Option 11: Italian Kiss from Mama

HOT

BY THE PAN:

Classic Meat Lasagna layered with Ricotta, Mozzarella and Parmesan

OR

Vegetarian Spinach Lasagna layered with Ricotta, Mozzarella and Parmesan

Half Pan (serves 10 to 12) \$75

Whole Pan (serves 20 to 24) \$140

And to complete the meal

Big Italian Salad with Celery, Peperoncini, Cherry Tomatoes, Green Olives, Cucumber, Red Pepper and Buttery Croutons with Red Wine Vinaigrette on the side

Crunchy Garlic Toasts and Rolls with Butter

Cookies and Dessert Bars

Per Person \$11.25

Option 12: Down South Barbecue

HOT

Warm Pulled Chicken **OR** Warm Pulled Pork Barbecue
With Extra Barbecue Sauce on the side

Home-Style Cole Slaw

Baked Macaroni and Cheese

Fresh Baked Rolls and Butter

Fresh Baked Cookies and Dessert Bars

Per Person \$20.50

Option 13: Kebabs

HOT

Grilled Steak and Vegetable Kebabs with Horseradish Mustard Sauce

OR

Grilled Chicken and Vegetable Kebabs with Tsatsiki Sauce

Warm Moroccan Couscous

with Carrot, Scallions & Currants scented with Cinnamon and Cumin

Big Italian Salad with Celery, Peperoncini, Cherry Tomatoes, Green Olives, Cucumber,
Red Pepper & Buttery Croutons Red Wine Vinaigrette on the side

Pita Crisps with Hummus

Cookies and Dessert Bars

Per Person \$21.25

Option 14: Chicken Parmigiana
HOT

Chicken Lightly Breaded in a Rich Classic Tomato Sauce with Melted Italian Cheeses

Buttered Spaghetti with Fresh Parsley

Mediterranean Mixed Green Salad Chickpeas, Cucumber, Tomato & Greek Vinaigrette

Crunchy Garlic Toasts and Rolls with Butter

Cookies and Dessert Bars

Per Person \$20.50

Option 15: Norwegian Salmon
HOT

Herb Roasted Salmon on a bed of Wilted Spinach with Lemon Caper Sauce

Warm Orzo Gratin Tomatoes, Artichokes and Feta

Crisp Romaine Salad Cucumber, Celery, Shaved Radish & Lemon Dill Vinaigrette

Grainy Breads and Butter

Fresh Baked Cookies and Dessert Bars

Per Person: \$21.50

Option 16: Baked Potato Bar
HOT

Minimum Order 20 Guests

Hot Baked Potatoes wrapped in Foil

Warm Meat Chili

Broccoli in Cheese Sauce

Shredded Cheddar, Sour Cream, Crumbled Bacon and Whipped Butter

Farmers Green Salad Tomatoes, Cucumber, Roasted Corn, Buttery Croutons
& Balsamic Vinaigrette

Cookies and Dessert Bars

Per Person \$19.50

Option 17: Polynesian Combo
HOT

Grilled Teriyaki Steak
And
Pineapple Glazed Grilled Chicken
With Teriyaki Sauce on the side

Warm Saffron Rice with Grilled Pepper and Spring Onion

Stir Fry of Broccoli, Zucchini & Snow Peas

Mixed Green Salad Mandarin Oranges, Cucumber, Snow Peas and Citrus Vinaigrette

Cookies and Dessert Bars

Per Person \$22.50

Option 18: Bag Luncheons

Gourmet Sandwich (each bag labeled with sandwich type)

Choice of Potato Salad, Pasta Salad OR Fresh Fruit Cup

Chips
Fresh Baked Cookie

each bag comes with Mustard and Mayo Packets, Utensils and Napkins

Per Person: \$12.50