NEMA Menu Options

*All items include plastic ware and disposables and delivery. Ice is included with each order*

**BREAKFAST**

**Option 1: Deluxe Breakfast**

Breakfast Pastries, Muffins, and Freshly Baked Bagels
Butter, Jam & Cream Cheese

Fresh Fruit Display

$11.00 per person

**Option 2: Health Special**

Individual Yogurt Parfaits
Greek Vanilla Yogurt, Fresh Berries & Granola

Coffee Cake and Tea Breads

$9.50 per person
**Option 3: Corporate Scramble**

Creamy Scrambled Eggs  
With Cheddar Cheese on the side  
Roasted Breakfast Potatoes  
Country Bacon  
Fresh Fruit Display  
Scones and Butter  

Per Person $18.50

**Option 4: Grab & Go**

Individual Foil Wrapped Croissant Breakfast Sandwiches  
- Bacon, Egg & Cheddar  
- Sausage, Egg & Cheddar  
- Ham, Egg & Cheddar  
- Roasted Veggies, Egg & Cheddar

Fresh Fruit Display

(can also sub Biscuits or Bagels for the sandwiches but must order at least 6 of each type)

Per Person $13.50

**Option 5: Euro Breakfast**

Smoked Salmon  
Hard Boiled Eggs  
Fresh Baked Bagels with Sliced Tomatoes, Capers & Red Onion  
Whipped Cream Cheese  

Per Person $15.75
Option 6: Country Inn Breakfast

Warm French Toast Casserole
With Vanilla, Cinnamon & Pecan Praline Topping
Maple Syrup

Country Bacon

Fresh Fruit Salad

Per Person $18.50

Option 7: Sunrise Breakfast

Baked Egg, Roasted Vegetable & Fontina Strata
OR
Baked Egg, Sausage and Cheddar Strata

Miniature Butter and Filled Croissants
Sweet Creamery Butter and Jam

Fresh Fruit Display

Per Person: $15.50

Option 8: Southern Morning

Warm Country Ham Biscuits With Honey Dijon Butter

Creamy Cheddar Hash Brown Casserole

Fresh Fruit Salad

Per Person: $14.50

Option 9: Santa Fe Breakfast

Warm Flour Tortillas stuffed with Diced Potatoes, Scrambled Eggs, Sausage, And Pepper Jack Cheese
(also available in Vegetarian Roasted Vegetable)

Mindy’s Fresh Pico de Gallo

Fresh Fruit Salad

Per Person $15.50
ADDITIONS AVAILABLE TO ANY BREAKFAST

- Yogurt Parfaits with Berries & Granola: $5.25 Each
- Individual Greek Yogurts: $3.95 Each
- Farm Bacon (3 Strips): $6.00 per person
- Country Sausage (2 links): $6.00 per person
- Hard Boiled Eggs: $1.95 Each

LUNCHEONS

Option 1: Deluxe Picnic

Assorted Signature Sandwiches
Turkey & Brie, Chipotle Grilled Chicken, Grilled Steak & Provolone, Roasted Chicken Salad, Turkey Bacon Club and Vegetarian Focaccia Sandwiches

(1 vegetarian sandwich included per 10 guests unless otherwise requested)
Mustard and Mayo Packets on the side

Side Salads
- Mixed Green Salad with Balsamic Dressing
- Orzo Salad with Cherry Tomatoes, Zucchini & Lemon Dill Pesto Dressing
- Strawberry & Spinach Salad with Caramelized Walnuts & Honey Balsamic Vinaigrette
- Tri-Color Quinoa Salad with Tomato, Cucumber, Scallion, Kalamata Olive and Feta
- Red Skinned Potato Salad
- Grilled Vegetables
- Sesame Noodle Salad with Spring Onion, Thinly Sliced Red Pepper, Carrot & Edamame
- Pasta Primavera Salad

Assorted Fresh Baked Cookies and Browines
Per Person with ONE Side Salad: $15.75
Per person with TWO Side Salads: $18.25

Add A Soup to your lunch
Vegetable Minestrone, White Chicken Chili, Crab & Corn Chowder, Gingered Butternut Squash, Tomato Basil Bisque, Classic Chili, Chicken Noodle, Portuguese Kale with White Bean & Chorizo

Per Person: $5.00
Option 2: Tortilla Wraps Luncheon

Assorted Wraps
Steak Fajita Wrap, Turkey Avocado Wrap, Chicken Caesar Wrap, Antipasto Italian Meats Wrap, and Roasted Veggie Wrap with Hummus, Artichoke, Feta

(1 vegetarian sandwich included per 10 guests unless otherwise requested)

Side Salads
- Mixed Green Salad with Balsamic Dressing
- Orzo Salad with Cherry Tomatoes, Zucchini & Lemon Dill Pesto Dressing
- Strawberry & Spinach Salad with Caramelized Walnuts & Honey Balsamic Vinaigrette
- Tri-Color Quinoa Salad with Tomato, Cucumber, Scallion, Kalamata Olive and Feta
- Red Skinned Potato Salad
- Grilled Vegetables
- Sesame Noodle Salad with Spring Onion, Thinly Sliced Red Pepper, Carrot & Edamame
- Pasta Primavera Salad

Assorted Fresh Baked Cookies and Brownies

Per Person with ONE Side Salad: $15.75
Per person with TWO Side Salads: $18.25

Option 3: Deli Tray

Make-Your-Own-Sandwich
Roasted Turkey, Grilled Chicken and Black Forest Ham
Tuna Salad
Sliced Swiss & Cheddar, Lettuce, Tomato, Fresh Baked Rolls and Breads
Honey Mustard and Mayonnaise
Sliced Pickles

Side Salads
- Mixed Green Salad with Balsamic Dressing
- Orzo Salad with Cherry Tomatoes, Zucchini & Lemon Dill Pesto Dressing
- Strawberry & Spinach Salad with Caramelized Walnuts & Honey Balsamic Vinaigrette
- Tri-Color Quinoa Salad with Tomato, Cucumber, Scallion, Kalamata Olive and Feta
- Red Skinned Potato Salad
- Grilled Vegetables
- Sesame Noodle Salad with Spring Onion, Thinly Sliced Red Pepper, Carrot & Edamame
- Pasta Primavera Salad

Assorted Fresh Baked Cookies and Brownies

Per Person with ONE Side Salad: $18.25
Per person with TWO Side Salads: $20.75
Option 4: Viva Mexico

ROOM TEMPERATURE
Fire Grilled Fajita Wraps
   Grilled Chicken, Grilled Flank Steak and Vegetarian Slow Cooked Black Beans
   (2 Per person, wrapped with Roasted Peppers & Onions)

Pico de Gallo and Guacamole on the side

Southwestern Romaine Salad
Red Pepper, Chick Peas, Corn, Jack Cheese, Honey Lime Dressing

Rice and Tri-Colored Bean Salad

Baked Cookies and Dessert Bars

Per Person: $18.00

Option 5: Salad Bar

Select Two Proteins
Herb Rubbed Grilled Chicken, Lemon Pepper Salmon,
Chili Rubbed Grilled Flank Steak, Rosemary Grilled Shrimp (3 shrimp per person)

Mixed Greens with Toppings in Bowls on the side:
Halved Cherry Tomatoes, Cucumber, Snow Peas, Roasted Red Pepper, Scallions,
Crumbled Bacon, Feta Cheese, Hard Cooked Egg
Honey Balsamic Dressing and Creamy Peppercorn Ranch Dressing

Orzo and Grilled Vegetable Salad

Rolls and Butter

Cookies and Brownies

Per Person $21.50

Add Avocado $2.50 per guest
Option 6: Touch of Asia

Ginger Chicken with Honey, Soy & Ginger Glaze

Noodle Salad Spring Onion, Red Pepper, Carrot & Edamame

Sesame Green Beans

Mixed Green Salad Mandarin Oranges, Cucumber, Snow Peas & Citrus Vinaigrette

Cookies and Brownies

Per Person $19.25

Option 7: Parisian Afternoon

Grilled Chicken OR Grilled Salmon Medallions

Nicoise Composed Salad of Mixed Greens, Red Potatoes, Green Beans, Sweet Peppers and Kalamata Olives garnished with Hard Cooked Egg Wedges

Fresh Herb Vinaigrette on the side

Fresh Fruit Tray with Lemon Curd

Rolls and Butter

Cookies and Dessert Bars

Per Person: $19.25

Option 8: Mediterranean Delight

Balsamic & Herb Grilled Chicken on a bed of Arugula with Roasted Cherry Tomatoes and Parmesan

Cavatappi Pasta and Antipasto Vegetable Salad with Basil Vinaigrette

Greek Mixed Green Salad with Chickpeas, Cucumber, Tomato, Feta, Olives & Oregano Vinaigrette

Crusty Bread and Butter

Cookies and Dessert Bars

Per Person: $19.45
Option 9: Fit & Fresh

Lemon Herb Grilled Chicken with Mindy’s Famous Avocado Lime Coulis on the side
Tri-Color Quinoa Salad with Chopped Tomato, Cucumber, Kalamata Olive and Feta
Spinach and Strawberry Salad with Caramelized Walnuts & Honey Balsamic Dressing
Bread and Butter
Cookies and Dessert Bars
Per Person $18.75

Option 10: Provencal Chicken
HOT

Chicken Piccata Sauteed in a Lemon Caper Parsley Sauce
Warm Orzo Pilaf with Fresh Herbs
Broccoli Salad with Slivered Almonds and Raisins
Mixed Greens and Baby Spinach with Tomatoes, Cucumbers and Balsamic Vinaigrette
Grainy Bread with Butter
Cookies and Dessert Bars
Per Person $20.50

Option 11: Italian Kiss from Mama
HOT

BY THE PAN:
Classic Meat Lasagna layered with Ricotta, Mozzarella and Parmesan
OR
Vegetarian Spinach Lasagna layered with Ricotta, Mozzarella and Parmesan

Half Pan (serves 10 to 12) $75
Whole Pan (serves 20 to 24) $140

And to complete the meal

Big Italian Salad with Celery, Peperoncini, Cherry Tomatoes, Green Olives, Cucumber, Red Pepper and Buttery Croutons with Red Wine Vinaigrette on the side
Crunchy Garlic Toasts and Rolls with Butter
Cookies and Dessert Bars
Per Person $11.25

Option 12: Down South Barbecue
HOT
Warm Pulled Chicken OR Warm Pulled Pork Barbecue
With Extra Barbecue Sauce on the side
Home-Style Cole Slaw
Baked Macaroni and Cheese
Fresh Baked Rolls and Butter
Fresh Baked Cookies and Dessert Bars
Per Person $20.50

Option 13: Kebabs
HOT
Grilled Steak and Vegetable Kebabs with Horseradish Mustard Sauce
OR
Grilled Chicken and Vegetable Kebabs with Tsatsiki Sauce
Warm Moroccan Couscous
with Carrot, Scallions & Currants scented with Cinnamon and Cumin
Big Italian Salad with Celery, Peperoncini, Cherry Tomatoes, Green Olives, Cucumber, Red Pepper & Buttery Croutons Red Wine Vinaigrette on the side
Pita Crisps with Hummus
Cookies and Dessert Bars
Per Person $21.25
**Option 14: Chicken Parmigiana**

**HOT**

Chicken Lightly Breaded in a Rich Classic Tomato Sauce with Melted Italian Cheeses

Buttered Spaghetti with Fresh Parsley

Mediterranean Mixed Green Salad Chickpeas, Cucumber, Tomato & Greek Vinaigrette

Crunchy Garlic Toasts and Rolls with Butter

Cookies and Dessert Bars

Per Person $20.50

**Option 15: Norwegian Salmon**

**HOT**

Herb Roasted Salmon on a bed of Wilted Spinach with Lemon Caper Sauce

Warm Orzo Gratin Tomatoes, Artichokes and Feta

Crisp Romaine Salad Cucumber, Celery, Shaved Radish & Lemon Dill Vinaigrette

Grainy Breads and Butter

Fresh Baked Cookies and Dessert Bars

Per Person: $21.50

**Option 16: Baked Potato Bar**

**HOT**

**Minimum Order 20 Guests**

Hot Baked Potatoes wrapped in Foil

Warm Meat Chili

Broccoli in Cheese Sauce

Shredded Cheddar, Sour Cream, Crumbled Bacon and Whipped Butter

Farmers Green Salad Tomatoes, Cucumber, Roasted Corn, Buttery Croutons & Balsamic Vinaigrette

Cookies and Dessert Bars

Per Person $19.50
Option 17: Polynesian Combo
HOT

Grilled Teriyaki Steak
And
Pineapple Glazed Grilled Chicken
With Teriyaki Sauce on the side

Warm Saffron Rice with Grilled Pepper and Spring Onion

Stir Fry of Broccoli, Zucchini & Snow Peas

Mixed Green Salad Mandarin Oranges, Cucumber, Snow Peas and Citrus Vinaigrette

Cookies and Dessert Bars

Per Person $22.50

Option 18: Bag Luncheons

Gourmet Sandwich (each bag labeled with sandwich type)

Choice of Potato Salad, Pasta Salad OR Fresh Fruit Cup

Chips
Fresh Baked Cookie

each bag comes with Mustard and Mayo Packets, Utensils and Napkins

Per Person: $12.50